

SOSOLYA UNDUGU DANCE ACADEMY

Workshop Description

The SOSOLYA UNDUGU DANCE ACADEMY Workshop Series will offer a dynamic fusion of artistic expression and social engagement, designed to cultivate creativity, foster cultural exchange, and promote advocacy. These workshops will run throughout the week, with each session spanning a duration of hours as provided by the schools.

Each day of the workshop will be thoughtfully crafted with a different activity, tailored to the interests of the participants and aimed at nurturing their confidence and skills. From team-building games to singing, drumming, dancing, acting, painting, and peer-to-peer discussions, every moment will be an opportunity for growth and connection.

Participants will have the chance to showcase their achievements and talents at the end of the week, performing for their school and parents. This culmination serves not only as a celebration of their accomplishments but also as a testament to the transformative power of creativity and collaboration.

Workshops will be run by the students and participants themselves with the help of assigned teachers by the school.

Workshop Breakdown

1. Peer-to-Peer Learning Activities:

Engage in interactive sessions led by students and assigned teachers from different schools and Uganda. Activities include group discussions, interactive music, dance, painting, drumming, and acting, fostering bonds and understanding between participants.

2. Painting Workshops:

Explore various painting techniques and styles to express thoughts and emotions on canvas or paper, through these mediums the students are able to share their thoughts about social change and awareness as individuals and in groups. These sessions provide a platform for personal exploration and artistic growth.

3. Drumming Workshops:

Students will Learn to play traditional Ugandan drums and explore authentic rhythms and also be able to perform them together on stage for the entire school. They will share different ideas about rhythms and create together, connect with cultural heritage from Uganda and foster unity through hands-on musical experiences.

4. Dancing Workshops:

Celebrate cultural diversity and cultivate personal expression through traditional and modern dance forms. Dynamic choreographies empowering participants to embody stories and connect

on a profound level. These can also be showcased at the end of the course of these workshops and activities.

5. Songwriting for Change:

Craft original songs addressing social justice and cultural diversity. Guided by experienced facilitators, participants amplify voices and inspire action through music. Interested participants can volunteer to record music during this period.

6. Acting Sessions on Social Issues and SDGs:

Our theatrical production is scripted to create room for incorporating other participants on all levels, this is aimed to give an opportunity to interested participants to join us on stage, add more ideas to the production and to perform it together.

Participate in theatrical expression and storytelling, addressing pressing social issues and Sustainable Development Goals (SDGs). Scripted scenes and improvisational exercises to empower advocacy and positive societal change.